



At Pro Bio Healthcare we are extremely passionate about helping people maintain long-term bowel health. Our dietitians and nutritionists have devised the IntestAid®IB 'Nutritional & Lifestyle Challenge' which when followed alongside the use of IntestAid®IB, will help to provide a natural approach to long-term intestinal balance and bowel health.

To receive your highly personalised 'tool kit' containing lifestyle and dietary advice tailored especially for you simply complete the attached form and post or fax your answers back to us using the FREEPOST address or fax number provided.

**Address & Contact details:**

Mr  Mrs  Ms

First name \_\_\_\_\_

Family name: \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Post Code \_\_\_\_\_

E-mail address \_\_\_\_\_

\_\_\_\_\_

Please indicate how you would prefer to be contacted by our expert team of dietitians and nutritionists:

by E-mail  by Post

tick here if you do not wish to receive any further information or offers from us, once the IntestAid Tool Kit has been dispatched.

Complete the questionnaire and, either:

**FAX to: 0560204 9625**, or alternatively,

**Post, free of charge, to:**

**FREEPOST RSAC-LBKB-SESE,**  
Pro Bio Healthcare Ltd, Daresbury Innovation Centre,  
Keckwick Lane, Daresbury, WARRINGTON, WA4 4FS

The IntestAid®IB Nutritional & Lifestyle Challenge is only available to UK residents

If you would like to provide additional information regarding any of the questions or topics below please feel free to include further comments on a separate blank sheet of paper.

**Personal details:**

Age:  18-25  26-35  36-45  
 46-55  56-65  66+

Your Special Dietary Requirements (e.g. vegetarian, foods avoided)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Any health or disability issues that need to be taken into account?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What health or food supplements do you regularly take?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What prescribed medication do you take?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please note:** The information that you provide is for the sole purpose of helping our qualified dietitians and nutritionists to develop an individualised plan under the specific terms of our IntestAid®IB Nutritional & Lifestyle Challenge and will not be disclosed to any 3rd party. The IntestAid®IB 'Toolkit' will include dietary and lifestyle advice and recipes to suit your individual needs.

**Thank you for completing this questionnaire.**